



Eastern Area
Community
Ministries

JULY 2022

EACM Home Delivered Meals

502-896-2316

msego@eacmonline.org



Masterson's
CATERING
Great Taste Runs in the Family.

PLEASE email, mail or call in your menu ASAP! 48-hr notice for all changes, add-ons or cancellations.

YOUR NAME _____ (Required HERE)

	MONDAY 7/4/22	TUESDAY 7/5/22	WED. 7/6/22	THURS. 7/7/22	FRIDAY 7/8/22
OPTION 1	<p>Independence Day HOLIDAY NO DELIVERIES</p>	<p>Chicken Alfredo w/Pasta Broccoli Florets Garlic Bread Strawberry Cake</p>	<p>Salsbury Steak Mashed Potatoes Brussel Sprouts Fresh Fruit Cup Roll</p>	<p>Spaghetti w/Meat Sauce Italian Green Beans Garlic Bread Brownie</p>	<p>Fried Whitefish w/ Tartar Sauce Packet Mac & Cheese Creamy Slaw Wheat Bun Cherry Cobbler</p>
OPTION 2	<p>Independence Day HOLIDAY NO DELIVERIES</p>	<p>Bean Soup Ham w/Rye Bread Lettuce, Tomato & Mayo Strawberry Cake</p>	<p>Creamy Broccoli Soup Tuna Salad w/Croissant Fresh Fruit Cup</p>	<p>Baked Turkey Tetrazzini w/pasta, peas, & carrots Garlic Bread Brownie</p>	<p>Beef Burger w/Grilled Mushrooms & Swiss Oven Roasted Potatoes Broccoli Salad Wheat Bun Cherry Cobbler</p>

DO YOU WANT FROZEN MEALS DELIVERED TO HOLD YOU OVER FOR THE WEEKEND?

IF SO, ENTER # OF MEALS DESIRED _____ FOR WEEKEND. (These will be "chef's choice" and they will be delivered ON FRIDAY)

Please note: Kitchen has the right to make changes to the daily menus when necessary,
but every effort is made to maintain original choices and your specific needs.



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	MONDAY 7/11/22	TUESDAY 7/12/22	WED. 7/13/22	THURS. 7/14/22	FRIDAY 7/15/22
OPTION 1	Pork Roast and Gravy w/ Parsley Potatoes Seasoned Peas and Carrots Roll Spice Cake	Chicken & Vegetable Stir Fry w/White Rice Vegetable Egg Roll & Soy Sauce Fresh Fruit Cup	Ground Round Steak w/Mushroom Gravy Mashed Redskin Potato Garden Salad w/Ranch Dinner Roll Jello Parfait	Fried Chicken Sweet Baked Potato Mixed veggies Dinner Roll Fresh Baked Cookie	Baked Tilapia w/Creamy Dill Sauce Rice Pilaf Roasted Broccoli Corn Muffin Cream Pie
OPTION 2	Thin-sliced Roast Beef w/ Swiss, Lettuce, Tomato & Mayo, Wheat Bread Bowtie Pasta Salad Spice Cake	Creamy Potato Soup "BLT" - Bacon Lettuce, Tomato & Mayo w/Wheat Bread Fresh Fruit Cup	Freshly Made Tuna Salad w/Croissant Sun Chips Macaroni Salad Jello Parfait	Cobb Salad with Turkey, Ham, Cheese, Tomatoes, Onion, Croutons & Ranch Dressing Fresh Fruit Cup Fresh Baked Cookie	Chicken Tenders Home Fries Seasoned Green Beans Cream Pie Corn Muffin

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	MONDAY 7/18/22	TUESDAY 7/19/22	WED. 7/20/22	THURS. 7/21 /22	FRIDAY 7/22/22
OPTION 1	Meatloaf Mashed Potatoes Seasoned Green Beans Dinner Roll Jello Parfait	Chicken & Dumplings Seasoned Greens Dinner Roll Brownie	Sloppy Joes Au Gratin Potatoes Baby Lima Beans Wheat Bun Apple Cobbler	Meatballs Stroganoff Over Egg Noodles Broccoli Florets Dinner Roll Fresh Fruit Cup	Salmon Patty Oven Fried Potatoes French Green Beans Dinner Roll Carrot Cake
OPTION 2	Creamy Tomato Soup Chicken Salad on Croissant Jello Parfait	Bratwurst, Peppers, Onions & Swiss w/Soft Bun Italian Pasta Salad Brownie	Baked Pork Lion Steamed Brown Rice Roasted Cabbage Apple Cobbler Roll	Ky Hot Brown Garden Salad Fresh Fruit Cup	Grilled Chicken Supreme w/ Rice Pilaf Capri Blend Vegetables Dinner Roll Carrot Cake

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Option 1	MONDAY 7/25/22	TUESDAY 7/26/22	WED. 7/27/22	THURS. 7/28/22	FRIDAY 7/29/22
OPTION 2	Baked Rigatoni Pasta w/ meat sauce Italian Blend Veggies Garlic bread Chocolate Pudding Dump Cake	BBQ Chicken with Bun Potato Wedges Macaroni Salad Fresh Fruit Cup	Salisbury Steak w/gravy Baked Sweet Potato Garden Salad w/Ranch Dressing Berry Pie Roll	Italian Sausage in Peppers and tomato sauce Oven Roasted Potatoes Squash Medley Dinner Roll Brownie	All Beef Hot Dog House made Beef Chili. Shredded Cheese, Bun Potato Salad Fruit Cobbler
	Chicken Dumpling Soup Scoop of Pimento w/Crackers Chocolate Pudding Dump Cake	Creamy Potato w/Bacon Soup Sliced Turkey w/Swiss Lettuce, Tomato & Mayo Wheat Fresh Fruit Cups	Chicken Florentine Parslied Cauliflower Sweet Potato Berry Pie Roll	Chicken Alfredo Steamed Broccoli Wheat Roll Brownie	Salmon Patty Mac & Cheese Sweet Slaw Cornbread Muffin Fruit Cobbler

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