



APRIL 2024

EACM Home-Delivered Meals

eacmonline.org



Please email or call in your selections to **MELISSA SEGO - 502-896-2316, msego@eacmonline.org**
 Or fill out this menu and mail to: *EACM Home-Delivered Meals, 9104 Westport Rd., Louisville, KY 40242*

Your Name _____

MON. 4/1	TUES. 4/2	WED. 4/3	THURS. 4/4	FRI. 4/5
Spaghetti & Meatballs	Bourbon Braised Beef Tips	Roast Turkey Breast	Pizza Casserole	Chicken Tenders
Italian Green Beans	Egg Noodles	Mashed Sweet Potatoes	Lemon Dill Lima Beans	Black beans & Corn
Peas and Carrots	Broccoli & cheese	Cali Blend Veggie	Cinnamon Apples	Broccoli Florets
Mixed Fruit Cup	Peach Crisp	Mandarin Oranges		Mandarin Oranges
How Many _____	How Many _____	How Many _____	How Many _____	How Many _____

Please note: 48-hr notice is required for all changes, add-ons or cancellations. The kitchen may make changes to the daily menus when necessary.



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MON. 4/8	TUES. 4/9	WED. 4/10	THURS. 4/10	FRI. 4/11
Beef Ravioli Marinara	Southern Chicken Pot Pie	BBQ Pulled Pork w Bun	Hearty Turkey Chili	Cheeseburger
Peas & Carrots	Winter Blend Veggies	Mashed Potatoes	Broccoli and Cheese	Roasted Potatoes
Mixed fruit cup	Peach Cup	Green Beans	Baked Peaches	Brussel Sprouts
Lorna Doones Cookie	Oatmeal Cookie	Mandarin Oranges		Mandarin Oranges
		Shortbread Cookie		
How Many _____	How many _____	How Many _____	How Many _____	How Many _____

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MON. 4/15	TUES. 4/16	WED. 4/17	THURS. 4/18	FRI. 4/19
Hearty Chili w beans Skin on Fries Mixed fruit Cup How Many _____	Chicken Burrito Bowl Seasoned Black Beans Fajita Veggies Mixed Fruit Cup How Many _____	Smothered Beef Steak Green Beans Roasted red potatoes Mixed Fruit cup How Many _____	Grilled Chicken Sandwich Roasted Potato wedges Cinnamon Apples How Many _____	Beef Tips & Mushrooms Italian White Beans Carrots Pineapple Cup How Many _____

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MON. 4/22	TUES. 4/23	WED. 4/24	THURS. 4/25	FRI. 4/26
Pork & Green Chile Stew Home Fried Potatoes Lemon Snack Bar How Many _____	Turkey Tetrazzini Lima Beans Spiced Peaches How Many _____	Italian Meatloaf Redskin Mashed Potatoes Broccoli and Cheese Oatmeal Cookie How Many _____	Homemade Pot Roast Mashed Potatoes Green Beans Choc. Chip Oatmeal bar Diced Pear Cup How Many _____	Citrus Chicken Breast Brown Rice & Zuchini Dilled Carrots Tropical Fruit Cup How Many _____

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Eastern Area
Community
Ministries

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MON. 4/29	TUES. 4/30			
Cheeseburger	Dijon Chicken			
Roasted Potato wedges	Rice Pilaf			
Southern Green Beans	Seasoned Spinach			
Applesauce cup	Mandarin Oranges			
How Many _____	How Many _____			

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