

EACM Home-Delivered Meals

OCT 2024



Your Name _____

MON 10/7	TUES 10/8	WED 10/9	THURS 10/10	FRI 10/11
Crave pasta salad w Cajun grilled chicken roll Fruit cup dessert	Chicken Stew w/carrots ,celery, potatoes Buttered corn roll dessert p1	Beef Ravioli w vodka sauce Roasted veggies roll dessert	Pizza Pasta bake (pepperoni, ham, salami, cheese, onion and green pepper) Italian salad w homemade vingerette roll dessert	Roast beef Manhattan Mashed pot. W gravy country green beans roll dessert
HOW MANY _____	HOW MANY _____	HOW MANY _____	HOW MANY _____	HOW MANY _____

MON 10/14	TUES 10/15	WED 10/16	THURS 10/17	FRI 10/18
Sweetie pie chicken salad on croissant Sweet broccoli salad chips dessert	Chicken, rice ,broccoli and cheese casserole Garden salad w ranch Roll dessert	Chicken pot pie Sauteed Brussel Sprouts roll dessert	Meatloaf Mashed potatoes Mixed veggies Roll dessert	Chicken, bacon, mushroom Quesadilla Fruit dessert
HOW MANY _____	HOW MANY _____	HOW MANY _____	HOW MANY _____	HOW MANY _____

Please email or call in your selections to **MELISSA SEGO - 502-896-2316**, msego@eacmonline.org
 Or fill out this menu and mail to: *EACM Home-Delivered Meals, 9104 Westport Rd., Louisville, KY 40253*

EACM Home-Delivered Meals

OCT 2024



MON 10/21	TUES 10/22	WED 10/23	THURS 10/24	FRI 10/25
Tomato Basil Soup Pimento cheese sliders crave pasta salad dessert	White chicken chili Sweet cornbread Mexican corn salad Jello	Chicken Fricassee Wild Rice roll dessert	BLT grilled chicken wrap Cup of butternut squash soup Roll dessert	Chicken and dumplings Summer salad Jalapeno cheddar cornbread dessert
HOW MANY _____	HOW MANY _____	HOW MANY _____	HOW MANY _____	HOW MANY _____

Your Name _____

MON 10/28	TUES 10/29	WED 10/30	THURS 10/31	FRI 11/1
Hot Ham and brie on Ciabatta Chips Pasta salad Dessert	Pot Roast w potatoes and carrots Hawaiian roll pudding	Cheese Tortellini w pomodoro sauce Ceasar Salad Garlic bread dessert	Beef Chili Mixed veggies, Roll fresh cookies	Beef Stew w egg noodles Fruit dessert7
HOW MANY _____	HOW MANY _____	HOW MANY _____	HOW MANY _____	HOW MANY _____

Please email or call in your selections to **MELISSA SEGO - 502-896-2316**, msego@eacmonline.org
 Or fill out this menu and mail to: *EACM Home-Delivered Meals, 9104 Westport Rd., Louisville, KY 40253*