



# EACM Home-Delivered Meals

## FEBRUARY 2026

[msego@eacmonline.org](mailto:msego@eacmonline.org)  
502-896-2316

Your Name \_\_\_\_\_

MON 2/2	TUES 2/3	WED 2/4	THURS 2/5	FRI 2/6
<b>Grilled Hamburger</b> Baked Beans Potato salad Dessert	<b>Baked Spaghetti</b> Green Veggies Roll Dessert	<b>Chicken and Dumplings</b> Veggies Roll dessert	<b>Salisbury Steak</b> Mashed Potatoes veggies Roll & Butter Dessert	<b>KY Hot Brown</b> Veggies Roll dessert
HOW MANY _____	HOW MANY _____	HOW MANY _____	HOW MANY _____	HOW MANY _____

MON 2/9	TUES 2/10	WED 2/11	THURS 2/12	FRI 2/13
<b>Beef Chili</b> Cornbread Small salad Dessert	<b>Baked Rosemary Chicken</b> Rice Pilaf Mixed veggies Roll Dessert	<b>BBQ Meatloaf</b> Mashed Potatoes Veggies Roll Dessert	<b>Roasted Pork w Fruit sauce</b> Mashed sweet potatoes Veggie Roll dessert	<b>Tuscan style chicken on pasta</b> Mixed veggies Bread dessert
HOW MANY _____	HOW MANY _____	HOW MANY _____	HOW MANY _____	HOW MANY _____



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MON 2/16	TUES 2/17	WED 2/18	THURS 2/19	FRI 2/20
<b>Veggie Lasagna</b> Green Salad French bread dessert	<b>Baked Honey chicken</b> Baked Sweet potato Veggies Roll Dessert	<b>Sloppy Joe on Bun</b> Veggies roasted potatoes dessert	<b>Chicken Pot Pie</b> Veggie Salad Roll Dessert	<b>Lemon pepper baked fish</b> Roasted potatoes Veggies Roll dessert
<b>HOW MANY</b> _____	<b>HOW MANY</b> _____	<b>HOW MANY</b> _____	<b>HOW MANY</b> _____	<b>HOW MANY</b> _____

MON 2/23	TUES 2/24	WED 2/25	THURS 2/26	FRI 2/27
<b>BBQ Pulled Pork on Bun</b> Slaw Roasted potatoes desprt	<b>Oven Fried Chicken</b> Corn Pudding Veggies Roll Dessert	<b>Spaghetti and meatballs</b> Mixed veggies Bread dessert	<b>Meatloaf</b> Mashed potatoes Veggies Roll dessert	<b>Chicken salad on croissant</b> Broccoli salad Chips dessert
<b>HOW MANY</b> _____	<b>HOW MANY</b> _____	<b>HOW MANY</b> _____	<b>HOW MANY</b> _____	<b>HOW MANY</b> _____