



Eastern Area
Community
Ministries

EACM Home-Delivered Meals

FEBRUARY 2026

msego@eacmonline.org
502-896-2316

Your Name _____

MON 2/2	TUES 2/3	WED 2/4	THURS 2/5	FRI 2/6
Grilled Hamburger Baked Beans Potato salad Dessert	Baked Spaghetti Green Veggies Roll Dessert	Chicken and Dumplings Veggies Roll dessert	Salisbury Steak Mashed Potatoes veggies Roll & Butter Dessert	KY Hot Brown Veggies Roll dessert
HOW MANY _____	HOW MANY _____	HOW MANY _____	HOW MANY _____	HOW MANY _____

MON 2/9	TUES 2/10	WED 2/11	THURS 2/12	FRI 2/13
Beef Chili Cornbread Small salad Dessert	Baked Rosemary Chicken Rice Pilaf Mixed veggies Roll Dessert	BBQ Meatloaf Mashed Potatoes Veggies Roll Dessert	Roasted Pork w Fruit sauce Mashed sweet potatoes Veggie Roll dessert	Tuscan style chicken on pasta Mixed veggies Bread dessert
HOW MANY _____	HOW MANY _____	HOW MANY _____	HOW MANY _____	HOW MANY _____



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MON 2/16	TUES 2/17	WED 2/18	THURS 2/19	FRI 2/20
Veggie Lasagna Green Salad French bread dessert	Baked Honey chicken Baked Sweet potato Veggies Roll Dessert	Sloppy Joe on Bun Veggies roasted potatoes dessert	Chicken Pot Pie Veggie Salad Roll Dessert	Lemon pepper baked fish Roasted potatoes Veggies Roll dessert
HOW MANY _____	HOW MANY _____	HOW MANY _____	HOW MANY _____	HOW MANY _____

MON 2/23	TUES 2/24	WED 2/25	THURS 2/26	FRI 2/27
BBQ Pulled Pork on Bun Slaw Roasted potatoes dessrt	Oven Fried Chicken Corn Pudding Veggies Roll Dessert	Spaghetti and meatballs Mixed veggies Bread dessert	Meatloaf Mashed potatoes Veggies Roll dessert	Chicken salad on croissant Broccoli salad Chips dessert
HOW MANY _____	HOW MANY _____	HOW MANY _____	HOW MANY _____	HOW MANY _____