



# EACM Home-Delivered Meals

## MARCH 2026

msego@eacmonline.org  
502-896-2316

Your Name \_\_\_\_\_

MON 3/2	TUES 3/3	WED 3/4	THURS 3/5	FRI 3/6
<b>Vegetable Soup</b> Pimento cheese sandwich Chips Dessert	<b>Baked Spaghetti w meat sauce</b> Green beans and carrots Roll Dessert  <b>HOW MANY</b> _____	<b>Chicken Divan</b> Mixed veggies roll Dessert  <b>HOW MANY</b> _____	<b>Shepherds Pie</b> Veggies Roll Dessert  <b>HOW MANY</b> _____	<b>Lemon baked fish</b> Green Beans roasted potatoes roll Dessert  <b>HOW MANY</b> _____

MON 3/9	TUES 3/10	WED 3/11	THURS 3/12	FRI 3/13
<b>Bacon Quiche</b> Veggie Salad roll Dessert  <b>HOW MANY</b> _____	<b>Meatloaf</b> Mashed sweet potatoes Veggies Roll Dessert  <b>HOW MANY</b> _____	<b>Ravioli W creamy tomato sauce</b> Veggies Roll Dessert  <b>HOW MANY</b> _____	<b>Sloppy Joe</b> Veggies salad chips Roll Dessert  <b>HOW MANY</b> _____	<b>Chicken corden blu</b> Herbed Rice Veggies roll Dessert  <b>HOW MANY</b> _____

Please email or call in your selections to **MELISSA SEGO - 502-896-2316**, [msego@eacmonline.org](mailto:msego@eacmonline.org)  
 Or fill out this menu and mail to: *EACM Home-Delivered Meals, 9104 Westport Rd., Louisville, KY 40242*



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MON 3/16	TUES 3/17	WED 3/18	THURS 3/19	FRI 3/20
<b>Beef Chili</b> Creamy slaw Chips corn bread Dessert  <b>HOW MANY _____</b>	<b>Irish Stew w. Potatoes and Cabbage, Carrots,</b> Small Green Salad Bread Dessert  <b>HOW MANY _____</b>	<b>Greek Style Baked Chicken</b> Lemon Potatoes Veggies Roll Dessert  <b>HOW MANY _____</b>	<b>Vegetable Lasagna</b> Green Salad French Bread Dessert  <b>HOW MANY _____</b>	<b>Korean Beef</b> Rice Stir Fry Vegetables Roll Dessert  <b>HOW MANY _____</b>

Your Name \_\_\_\_\_

MON 3/23	TUES 3/24	WED 3/25	THURS 3/26	FRI 3/27
<b>Chicken pot pie</b> Veggie salad roll Dessert  <b>HOW MANY _____</b>	<b>BBQ Meatloaf</b> Veggies Baked Sweet potato Roll Dessert	<b>Honey Garlic Chicken</b> Rice Pilaf Veggie Roll Dessert	<b>Ravioli w. Marinara</b> Salad French Bread Dessert	<b>Salisbury Steak</b> Mashed potatoes Veggies Roll Dessert  <b>HOW MANY _____</b>

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MON 3/30	TUES 3/31	WED 4/1	THURS 4/2	FRI 4/3
<b>Chicken Salad on Croissant</b> Veggie salad chips Roll Dessert	<b>Beef Stoganoff</b> Buttered noodles Green beans Roll Dessert	<b>Grilled Hamburger</b> Sweet Potato Fries Cabbage Salad Bun Dessert	<b>Ky Hot Brown</b> Broccoli Salad Roll Dessert	<b>BBQ Pulled Pork'</b> Bun Potato Salad Cole Slaw Dessert
<b>HOW MANY</b> _____	<b>HOW MANY</b> _____	<b>HOW MANY</b> _____	<b>HOW MANY</b> _____	<b>HOW MANY</b> _____

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