

# EACM Home-Delivered Meals

## JULY 2026



Your Name \_\_\_\_\_

MON 7/6	TUES 7/7	WED 7/8	THURS 7/9	FRI 7/10
<b>Pulled BBQ Pork</b> Creamy Slaw Roasted potatoes Bun Dessert	<b>Baked Spaghetti</b> Green Veggies Roll Dessert	<b>Chicken and Dumplings</b> Veggies Roll dessert	<b>Salisbury Steak</b> Mashed Potatoes veggies Roll & Butter Dessert	<b>KY Hot Brown</b> Veggies Roll dessert
<b>HOW MANY</b> _____	<b>HOW MANY</b> _____	<b>HOW MANY</b> _____	<b>HOW MANY</b> _____	<b>HOW MANY</b> _____

MON 7/13	TUES 7/14	WED 7/15	THURS 7/16	FRI 7/17
<b>Hamburger</b> <b>w/tomato,lettuce</b> Creamy pasta salad Veggies Bun Dessert	<b>Baked Chicken</b> Rice Pilaf Mixed veggies Roll Dessert	<b>BBQ Meatloaf</b> Mashed Potatoes Veggies Roll Dessert	<b>Roasted Pork w Fruit sauce</b> Mashed sweet potatoes Veggie Roll dessert	<b>Tuscan style chicken on pasta</b> Mixed veggies Bread dessert
<b>HOW MANY</b> _____	<b>HOW MANY</b> _____	<b>HOW MANY</b> _____	<b>HOW MANY</b> _____	<b>HOW MANY</b> _____

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## JULY 2026



MON 7/20	TUES 7/21	WED 7/22	THURS 7/23	FRI 7/24
<b>Veggie Lasagna</b> Green Salad French bread dessert	<b>Baked Honey chicken</b> Baked Sweet potato Veggies Roll Dessert	<b>Sloppy Joe on Bun</b> Veggies roasted potatoes dessert	<b>Chicken Pot Pie</b> Veggie Salad Roll Dessert	<b>Lemon pepper baked fish</b> Roasted potatoes Veggies Roll dessert
<b>HOW MANY</b> _____	<b>HOW MANY</b> _____	<b>HOW MANY</b> _____	<b>HOW MANY</b> _____	<b>HOW MANY</b> _____

MON 7/27	TUES 7/28	WED 7/29	THURS 7/30	FRI 7/31
<b>CHEF SALAD</b> w ham,turkey,tomato,cucumber  Fresh Fruit Dinner Roll Dessert	<b>Oven Fried Chicken</b> Corn Pudding Veggies Roll Dessert	<b>Shepherd's Pie</b> Mixed veggies Bread dessert	<b>Meatloaf</b> Mashed potatoes Veggies Roll dessert	<b>Beef Stoganoff</b> Buttered noodles Mixed veggies roll dessert
<b>HOW MANY</b> _____	<b>HOW MANY</b> _____	<b>HOW MANY</b> _____	<b>HOW MANY</b> _____	<b>HOW MANY</b> _____