

EACM Home-Delivered Meals

AUGUST 2026



Your Name _____

MON 8/3	TUES 8/4	WED 8/5	THURS 8/6	FRI 8/7
Potato Soup Pimento cheese sandwich Chips Dessert	Baked Spaghetti w meat sauce Green beans and carrots Roll Dessert HOW MANY _____	Chicken Divan Mixed veggies roll Dessert HOW MANY _____	Shepherds Pie Veggies Roll Dessert HOW MANY _____	Lemon baked fish Green Beans roasted potatoes roll Dessert HOW MANY _____

MON 8/10	TUES 8/11	WED 8/12	THURS 8/13	FRI 8/14
Bacon Quiche Veggie Salad roll Dessert HOW MANY _____	Meatloaf Mashed sweet potatoes Veggies Roll Dessert HOW MANY _____	Ravioli W creamy tomato sauce Veggies Roll Dessert HOW MANY _____	Sloppy Joe Potato salad chips Roll Dessert HOW MANY _____	Chicken corden blu Herbed Rice Veggies roll Dessert HOW MANY _____

Please email or call in your selections to **MELISSA SEGO - 502-896-2316**, msego@eacmonline.org
Or fill out this menu and mail to: *EACM Home-Delivered Meals, 9104 Westport Rd., Louisville, KY 40242*

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MON 8/17	TUES 8/18	WED 8/19	THURS 8/20	FRI 8/21
Baked Chicken Rice Pilaf Mixed Veggies Roll Dessert HOW MANY _____	Porkloin w fruit glaze, Mashed potatoes Veggies Roll Dessert HOW MANY _____	Greek Style Baked Chicken Lemon Potatoes Veggies Roll Dessert HOW MANY _____	Vegetable Lasagna Green Salad French Bread Dessert HOW MANY _____	Korean Beef Rice Stir Fry Vegetables Roll Dessert HOW MANY _____

Your Name _____

MON 8/24	TUES 8/25	WED 8/26	THURS 8/27	FRI 8/28
Chicken pot pie Veggie salad roll Dessert HOW MANY _____	BBQ Meatloaf Veggies Baked Sweet potato Roll Dessert	Honey Garlic Chicken Rice Pilaf Veggie Roll Dessert	Ravioli w. Marinara Salad French Bread Dessert	Orange Chicken Rice Veggies Roll Dessert HOW MANY _____

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Your Name _____

MON 8/31	TUES 9/1	WED 9/2	THURS 9/3	FRI 9/4
Veggie Soup Grilled Cheese Sandwich Chips Dessert	Baked Ziti Pasta Green beans Roll Dessert	Grilled Hamburger Sweet Potato Fries Cabbage Salad Bun Dessert	Ky Hot Brown Broccoli Salad Roll Dessert	BBQ Pulled Pork' Bun Potato Salad Baked beans Dessert
HOW MANY _____	HOW MANY _____	HOW MANY _____	HOW MANY _____	HOW MANY _____

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