

EACM Home-Delivered Meals

September 2026



Your Name _____

MON 9/7	TUES 9/8	WED 9/9	THURS 9/10	FRI 9/11
LABOR DAY NO MEALS	Chicken Divan Green Veggies Dessert	Greek Style Chicken Veggies Lemon potatoes dessert	Beef Stroganoff Buttered Noodles veggies Dessert	Hamburger on Bun Sweet potato fries Cabbage slaw dessert
HOW MANY _____	HOW MANY _____	HOW MANY _____	HOW MANY _____	HOW MANY _____

MON 9/14	TUES 9/15	WED 9/16	THURS 9/17	FRI 9/18
Chicken pot pie Veggie salad Dessert	Ravioli w marinara Veggie salad Dessert	BBQ Meatloaf Baked sweet Potato Veggies Dessert	Chicken & Dumplings Veggie dessert	Koren Beef Rice Stir-fry veggies dessert
HOW MANY _____	HOW MANY _____	HOW MANY _____	HOW MANY _____	HOW MANY _____

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September 2026



MON 9/21	TUES 9/22	WED 9/23	THURS 9/24	FRI 9/25
Sheperd's pie Veggie Salad dessert	Vegetable lasagna Veggie salad Dessert	Rosemary Chicken Rice pilaf veggies dessert	KY Hot Brown Veggie Salad Dessert	Oven baked Chicken mashed potatoes Veggies dessert
HOW MANY _____	HOW MANY _____	HOW MANY _____	HOW MANY _____	HOW MANY _____

MON 9/28	TUES 9/29	WED 9/30	THURS 10/1	FRI 10/2
Beef chili Cornbread Veggie salad Dessert	Baked Ziti pasta Veggies Dessert	Orange chicken Rice Veggies Dessert	Chicken Salad on Croissant Fruit Chips Dessert	Lemon Pepper Baked Fish Roasted Potatoes Vegetables Dessert
HOW MANY _____	HOW MANY _____	HOW MANY _____	HOW MANY _____	HOW MANY _____