NOURISHING NEIGHBORS
Home Delivered Meals
a program of EACM

NOVEMBER 2026 MENU

Your Name _____



Nourishing Meals Home-Delivered Meals NOVEMBER 2026 MENU				
Mon 11/2	**Tues 11/3**	**Wed 11/4**	**Thurs 11/5**	**Fri 11/6**
Pulled Pork Bun Potato Salad Dessert	Chicken Cordon Bleu Roasted Potatoes Veggies Dessert	BBQ Meatloaf Mashed Potatoes Veggies Desserts	Baked White Fish Lemon Butter Sauce Rice Pilaf Veggies Dessert	Vegetable Lasagna French Bread Dessert
HOW MANY _____	HOW MANY _____	HOW MANY _____	HOW MANY _____	HOW MANY _____
Mon 11/9	**Tues 11/10**	**Wed 11/11**	**Thurs 11/12**	**Fri 11/13**
Beef Chili Pimento Cheese Sandwich Dessert	Chicken Pad Thai with Peanuts Dessert	Roasted Pork with Fruit Chutney Sweet Potato Veggies Dessert	KY Hot Brown Cabbage Crunch Salad Dessert	Beef Stroganoff Egg Noodles Vegetables Dessert
HOW MANY _____	HOW MANY _____	HOW MANY _____	HOW MANY _____	



The more grateful I am, the more beauty I see. - Mary Davis

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Mon 11/16	Tues 11/17	Wed 11/18	Thurs 11/19	Fri 11/20
Chicken Salad on Croissant Veggie Salad Chips Dessert	Fish Baked with Lemon Pepper Crust Rice Veggies Dessert	Chicken Pot Pie Vegetable Salad Dessert	Meatloaf Mashed Potatoes Vegetables Dessert	Turkey Tetrazzini Vegetables Dessert
HOW MANY _____	HOW MANY _____	HOW MANY _____	HOW MANY _____	HOW MANY _____
Mon 11/23	**Tues 11/24**	**Wed 11/25**	**Thurs 11/26**	**Fri 11/27**
Spaghetti with Meat Sauce Vegetable Salad Dessert	Curried Chicken Broccoli Casserole Rice Dessert	#1 Ham, Sweet Potatoes, Veggies, Dessert - #2 Turkey, Stuffing, Veggies, Dessert	CLOSED	CLOSED
HOW MANY _____	HOW MANY _____	HOW MANY _____	HOW MANY _____	

NOTE: Due to the Holiday, meal delivery will be closed on Thursday, November 26 and Friday, November 27. Please feel free to select an additional meal on Wednesday, November 25. 2 options are provided on that day. Please indicate, in the space provided, if you want #1, #2 or BOTH.

Contact the Nourishing Neighbors office at 502-896-2316, ext. 204 or via email at chater@nourishingneighbors.us to place your order or for more information.